

## Checklist for Goalkeepers

1. Please use the bathroom at home prior to coming to camp.
2. Please apply sunscreen protection, weather permitted.
3. Must bring LOTS of water. (I prefer a drinking cooler)
4. Please apply mosquito repellent based on weather.
5. Must bring 1 soccer balls (Age appropriate & inflated please)
6. Must bring your attire:
  - a. Goalkeeper gloves
  - b. Goalkeeper shirt
  - c. Soccer Cleats
  - d. Shin Guards
  - e. A towel (for wiping sweat or dirt)
7. PLEASE COME ALREADY DRESSED & PREPARED

Make sure you get a goodnight's rest the day prior to the clinic.

**PLEASE ARRIVE ATLEAST 10 MINUTES EARLIER.  
The clinic will begin on time!**

## Info for Parents

You can drop your child at the camp and pick them up afterwards. If you do this, please have your cell phone available in case of emergency. Please arrive for pick up no later than the end time of the clinic.

You can also stay and watch. You can bring a lawn chair. However, there is no parent participation during clinic. The child is not allowed to visit parents during the clinic (*exceptions in case of emergency*).